

Affiliation	<b>Investigator</b> Clinical Neuroscience Solutions, Inc. (CNS Healthcare of Memphis); PennMarc Centre, 6401 Poplar Avenue, Suite #420, Memphis, TN 38119; 05/01 – Present
Education	University of Alabama, Birmingham, Alabama; Doctor of Medicine, 1985 – 1988 Meharry Medical College, Nashville, Tennessee; Doctor of Medicine, 1984 – 1985 Undergraduate: Tulane University, New Orleans, LA; Bachelor of Science, Biology and Visual Communication, 1980
Professional Training	Fellowship (Child Psychiatry), University of Tennessee, Memphis, Tennessee; 1991-1993 Residency, (Psychiatry) University of Tennessee, Memphis, Tennessee; 1989– 1991 Internship (Psychiatry), University of Tennessee, Memphis, Tennessee; 1988 – 1989
License/ Accreditation	Medical Doctor: <ul style="list-style-type: none"><li>• State of Tennessee #020108</li><li>• State of Mississippi #16156</li><li>• State of Alabama #22525</li></ul> National Board of Medical Examiners (1980) Served as Co-Chief Fellow (1993) Board Certified in Psychiatry (1997) Board Certified in Child and Adolescent Psychiatry (2006)
Population Experience	<i>Children &amp; Adolescents:</i> Sixteen years clinical psychiatric experience, both inpatient and outpatient; diagnoses included Mental Retardation, Pervasive Development Disorders, ADHD & Disruptive Behavior Disorders, Tic Disorders, Elimination Disorders, Psychotic Disorders, Depressive Disorders, Bipolar Disorders, Anxiety Disorders, Factitious Disorders, Sexual & Gender Identity Disorders, Eating Disorders, Impulse-Control Disorders, Personality Disorders  Sixteen years clinical psychiatric experience, both inpatient and outpatient; diagnoses included Substance Abuse/Dependence  <i>Adults:</i> Sixteen years clinical psychiatric experience, both inpatient and outpatient; diagnoses included Depressive Disorders, ADHD, Anxiety Disorders, Sexual & Gender Identity Disorders, Personality Disorders  <i>Geriatrics:</i> Sixteen years clinical psychiatric experience, both inpatient and outpatient; diagnoses included Dementia, Depressive Disorders, Anxiety Disorders
Clinical Skills	CPR, ECG interpretation, phlebotomy, physical examinations and lab interpretations

Ratings Experience	Diagnostic Evaluations and Rating Scales: CASS, MINI, K-SADS, ADCS, Barnes, BPRS, CABA, CAPA, Children's Depression Rating Scale, CGI, DICA, ADHD Rating Scale, AIMS, Conners, Hamilton Anxiety, Brown ADD Scale, CAARS, Hamilton Depression, Y-BOCS, MADRS, SCID, SAS, YMARS, Quality of Life Assessment, Mini-Mental Status Exam (MMSE), AISRS.
Professional Appointments	Private Practice, Memphis, TN; 1993 – 2006 Medical Director, Youth Villages of Memphis; 1993 – 1999 Clinical Assistant Professor, University of Tennessee; 1995 – 2005 Consulting Psychiatrist, Youth Villages of Memphis; 1999 – 2002 Medical Director, Adolescent Sexual Offender Program, Parkwood Behavioral Health System; 2000 – Present Assistant Professor, University of Tennessee, 2005 – Present Interim Chief of Child and Adolescent Psychiatry, University of Tennessee, 2007 – Present
Professional Organizations	Member, American Academy of Child and Adolescent Psychiatry: <ul style="list-style-type: none"><li>• Work Group on Quality Issues, 1996 – 2003</li><li>• Committee on Residential Treatment, 1997 – 2000</li><li>• "Catchers in the Rye" Advocacy Award, (Work Group) 1998, 2003</li></ul> American Psychiatric Association <ul style="list-style-type: none"><li>• Region V, Public Affairs Representative, 2009 – 2010</li></ul> American Medical Association <ul style="list-style-type: none"><li>• American Academy of Child and Adolescent Psychiatry representative to the American Medical Association; 1998 – 2000</li></ul> Memphis and Shelby County Medical Society: <ul style="list-style-type: none"><li>• Board of Directors, 1997 – 1999</li><li>• Nominating Committee, 1998, 2003</li><li>• Ethics Committee, 2001 – 2002</li><li>• Officer – Secretary, 2003 – 2004</li><li>• President Elect, 2006</li><li>• President, 2007</li></ul> Tennessee Psychiatric Association Tennessee Medical Association <ul style="list-style-type: none"><li>• Shelby County Medical Society Alternate Delegate, 2001 – 2002</li><li>• Shelby County Medical Society Delegate, 2003 – Present</li><li>• Chairman of the Memphis Medical Society Delegation to the TMA, 2004</li><li>• Subchairman to Reference Committee C, TMA meeting, 2004</li><li>• Subchairman to Reference Committee B, TMA meeting 2005</li><li>• Board of Trustees, 2008 – present</li></ul>

Publications

- Board Liaison to TN Child and Adolescent Psychiatric Association, 2008 – 2009
- Board Liaison to TN Chapter American Society of Addiction Medicine, 2009 – 2010
- Board Liaison to TN Psychiatric Association, 2009 – 2010

Garwood SG, Cox I, Kaplan V, Wasserman N, Sulzer J, “Beauty is Only Name Deep: The Effect of First Name on Rating Physical Attraction” Journal of Applied Social Psychology, Vol. 10:5, 431-435, 1980

Arnold VK, et al, “Fear of Anticipated Disaster in Psychiatric Patients” Journal of the Tennessee Medical Association, Vol. 85:4, April 1992

Arnold VK, et al, “Fear of Anticipated Disaster in Psychiatric Patients” (Abstract) Psychiatry Digest, March 1993

Arnold VK, et al, “Redundant Clothing: A Marker of Schizophrenia” (Abstract) Southern Association for Research in Psychiatry Bulletin, Spring 1992

Arnold VK, et al, “Redundant Clothing: A Readily Observable Marker for Schizophrenia in the Psychiatric Emergency Room Population” Journal of Behavioral Therapy and Experimental Psychiatry, Vol. 24:1

“Summary of the Practice Parameters for the Assessment and Treatment of Children and Adolescents with Anxiety Disorders” American Academy of Child and Adolescent Psychiatry, Quality Issues Work Group for Practice Parameters for Assessment and Treatment, Journal of the American Academy of Child and Adolescent Psychiatry, Vol. 36:1639-1641, 1997 Supplement

“Summary of the Practice Parameters for the Assessment and Treatment of Children, Adolescents and Adults with Attention-Deficit/Hyperactivity Disorder” American Academy of Child and Adolescent Psychiatry, Quality Issues Work Group for Practice Parameters for Assessment and Treatment, Journal of the American Academy of Child and Adolescent Psychiatry, Vol. 36:10, 1997 Supplement

“Summary of the Practice Parameters for the Assessment and Treatment of Children and Adolescents with Substance Use Disorders” American Academy of Child and Adolescent Psychiatry, Quality Issues Work Group for Practice Parameters for Assessment and Treatment, Journal of the American Academy of Child and Adolescent Psychiatry, Vol. 36:5, 1997 Supplement

“Summary of the Practice Parameters for the Assessment and Treatment of Children and Adolescents with Post Traumatic Stress Disorders” American Academy of Child and Adolescent Psychiatry, Quality Issues Work Group for Practice Parameters for Assessment and Treatment, Journal of the American Academy of Child and Adolescent Psychiatry, Vol. 37:997-1001, 1998 Supplement

“Summary of the Practice Parameters for the Assessment and Treatment of Children and Adolescents with Depressive Disorders” American Academy of Child and Adolescent Psychiatry, Quality Issues Work Group for Practice Parameters for Assessment and Treatment, Journal of the American Academy of Child and Adolescent Psychiatry, Vol. 37:1234-1238, 1998 Supplement

“Summary of the Practice Parameters for the Assessment and Treatment of Children and Adolescents with Language and Learning Disorders” American Academy of Child and Adolescent Psychiatry, Quality Issues Work Group for Practice Parameters for Assessment and Treatment, Journal of the American Academy of Child and Adolescent Psychiatry, Vol. 37:10, 1998 Supplement

“Summary of the Practice Parameters for the Assessment and Treatment of Children and Adolescents with Obsessive-Compulsive Disorder” American Academy of Child and Adolescent Psychiatry, Quality Issues Work Group for Practice Parameters for Assessment and Treatment, Journal of the American Academy of Child and Adolescent Psychiatry, Vol. 37:1110-1116, 1998 Supplement

“Summary of the Practice Parameters for the Assessment and Treatment of Children, Adolescents, and Adults with Autism and Other Pervasive Developmental Disorders” American Academy of Child and Adolescent Psychiatry, Quality Issues Work Group for Practice Parameters for Assessment and Treatment, Journal of the American Academy of Child and Adolescent Psychiatry, Vol. 38:1611-1615, 1999 Supplement

“Summary of the Practice Parameters for the Assessment and Treatment of Children, Adolescents, and Adults with Mental Retardation and Comorbid Mental Disorders” American Academy of Child and Adolescent Psychiatry, Quality Issues Work Group for Practice Parameters for Assessment and Treatment, Journal of the American Academy of Child and Adolescent Psychiatry, Vol. 38:1606-1610, 1999 Supplement

“Summary of the Practice Parameters for the Assessment and Treatment of Children and Adolescents who are Sexually Abusive of Others” American Academy of Child and Adolescent Psychiatry, Quality Issues Work Group for Practice Parameters for Assessment and Treatment, Journal of the American Academy of Child and Adolescent Psychiatry, Vol. 39:127-130, 2000 Supplement

“Summary of the Practice Parameters for the Assessment and Treatment of Children and Adolescents with Schizophrenia” American Academy of Child and Adolescent Psychiatry, Quality Issues Work Group for Practice Parameters for Assessment and Treatment, Journal of the American Academy of Child and Adolescent Psychiatry, Vol. 39:1580-1582, 2000 Supplement

“Practice Parameters for the Assessment and Treatment of Children and Adolescents with Schizophrenia” American Academy of Child and Adolescent Psychiatry, Quality Issues Work Group for Practice Parameters for Assessment and Treatment, Journal of the American Academy of Child and Adolescent Psychiatry, Vol. 40:7, 2001 Supplement

“Summary of the Practice Parameters for the Assessment and Treatment of Children and Adolescents with Suicidal Behavior” American Academy of Child and Adolescent Psychiatry, Quality Issues Work Group for Practice Parameters for Assessment and Treatment, Journal of the American Academy of Child and Adolescent Psychiatry, Vol. 40:495-499, 2001 Supplement

“Practice Parameters for the Assessment and Treatment of ECT” American Academy of Child and Adolescent Psychiatry, Quality Issues Work Group for

Practice Parameters for Assessment and Treatment, Journal of the American Academy of Child and Adolescent Psychiatry, In press

“Summary of the Practice Parameters for the Assessment and Treatment of Children and Adolescents with Stimulant Medications” American Academy of Child and Adolescent Psychiatry, Quality Issues Work Group for Practice Parameters for Assessment and Treatment, Journal of the American Academy of Child and Adolescent Psychiatry, Vol. 40:1352-1355, 2001 Supplement

“Summary of the Practice Parameters for the Assessment and Treatment of Children and Adolescents with Seclusion and Restraint” American Academy of Child and Adolescent Psychiatry, Quality Issues Work Group for Practice Parameters for Assessment and Treatment, Journal of the American Academy of Child and Adolescent Psychiatry, Vol. 40:1356-1358, 2001 Supplement

“Community Residential Care Programs” Community Child and Adolescent Psychiatry: A Manual of Clinical Practice and Consultation, Petti TA, 2006 16:219-230

“City of Memphis has Liability Cap – Why Shouldn’t Tennessee Physicians? The Memphis Medical Society Quarterly, Vol. 10:3, 2007

Frank A. Lopez, MD; Lawrence D. Ginsberg, MD; and Valerie Arnold, MD, “Effect of Lisdexamfetamine Dimesylate on Parent-Rated Measures in Children Aged 6 to 12 Years With Attention-Deficit/Hyperactivity Disorder: A Secondary Analysis” Postgraduate Medicine, Vol.120:3, 2008

Presentations

“Fear of Anticipate Disaster in Psychiatric Patient”, Annual Meeting of the Southern Association for Research in Psychiatry. Tampa, FL, 1991

“Difference in Self-Reported Fear in PTSD v Panic Patients”, Annual Meeting of Southern Association of Research in Psychiatry. Tampa, FL, April 1991

“Reasons Given for Attrition in Inpatient Alcohol and Drug Treatment Program”, Poster Session, Annual Scientific Assembly of the Southern Medical Association. Atlanta, GA, November 1991

“Separation Anxiety (Diagnosis and Practice Management)”, Teaching Conference, LeBonheur Children’s Medical Center, Memphis, TN, April 1992

“Child Asthma and its Relationship to Negative Self-Esteem, Depression and Suicidal Ideation”, Annual Meeting of the Southern Association for Research in Psychiatry. Memphis, TN, March 1993

“Protocols for the Use of Psychotropic Medication in Children and Adolescents”, Poster Session, Annual Meeting of the Southern Association for Research in Psychiatry. Memphis, TN, March 1993

“The Magic Pill – Why it Doesn’t Exist!” National Conference of the American Re-Education Association. Nashville, TN, August 1994

“Child and Adolescent Depression”, Public Forum, National Depression Screening Day. Memphis, TN, October 1995

“Survey of Rural Communities Expressed Needs for Emotionally Disturbed Youth”, Poster Session, Annual Meeting of the American Academy of Child and Adolescent Psychiatry. New Orleans, LA, October 1995

“Child and Adolescent Depression”, Public Forum, National Depression Screening Day. Memphis, TN, October 1996

“Transforming Service Delivery and Public Policy Through Research and Innovation”, Workshop, Annual Meeting of the American Academy of Child and Adolescent Psychiatry. Toronto, Canada, October 1997

Presentation of the New Clinical Application of Practice Parameters: Psychiatric Care of Persons with Mental Retardation.” Annual Meeting of the American Academy of Child and Adolescent Psychiatry and Annual Meeting of the Canadian Academy of Child Psychiatry, Chicago, 1999

“Twelve-Month Outcome of Adolescent Bipolar Patients Following Hospitalization for Mania,” Poster Presentation”, Annual Meeting of the American Academy of Child and Adolescent Psychiatry and Annual Meeting of the Canadian Academy of Child Psychiatry, Miami, 2003

Arnold V, West SA, Strakowski SM, Keck PE, McElroy SL, McConville BJ: Twelve-Month Outcome of Adolescent Bipolar Patients following Hospitalization for Mania. AACAP, Miami, FL, October 2003.

Pathological Gambling, Fox 13 News, October 2003

“Oppositional Defiant Disorder”, Good Morning Memphis-Medical Spotlight (Channel 3) September 2004

Arnold VK, Earl CQ, Jiang JG: Modafinil Film-Coated Tablets (Modafinil-ADHD) Improve Health-Related Quality of Life in Children and Adolescents with Attention-Deficit/Hyperactivity Disorder. Annual Meeting of CHADD, Dallas, October 2005

“Attention Deficient/Hyperactivity Disorder” Good Morning Memphis-Medical Spotlight (Channel 3), May 2005

“Insomnia” Fox 13 News, July 11, 2005

“Release of Anti-Depressant Patch” Fox 13 News, February 27, 2006

“Diagnostic Uses for Pet-Assisted Therapy” Leboneur/University of Tennessee Pediatric Grand Rounds, Memphis Tennessee, March 22, 2006

“Methylphenidate Patch and Medications for ADHD in the Pipeline” CHADD Parent Support Group of Shelby County, May 14, 2006

Wigal SB, Kratochvil CJ, Pliszka SR, Arnold VK, Knutson JA, Boellner SW, Earl CQ, Yand r, Jiang JG: Modafinil-ADHD in Children and Adolescents With Attention-Deficit

Hyperactivity Disorder: Efficacy and Tolerability Is Maintained With Long-term Treatment. 46<sup>th</sup> Annual New Clinical Drug Evaluation Unit Meeting, Boca Raton, June 2006

“Effect of Lisdexamfetamine Dimesylate on Parent-Rated Measures of Hyperactivity in Children Aged 6 to 12 Years with Attention-Deficit/Hyperactivity Disorder: A Secondary Analysis”, Poster Presentation, Annual Meeting of the U.S. Psychiatric and Mental Health Congress, Orlando, October 2007

“Fixed-Dose Titration Study of Dexmethylphenidate Extended Release in Children with ADHD: Effects on Teacher-Rated Scales”, Poster Presentation, Annual Meeting of the American Academy of Child and Adolescent Psychiatry, Boston, October 2007

“Efficacy and Safety of Lisdexamfetamine Dimesylate in the Treatment of Non-Caucasian Children and Adults With Attention-Deficit/Hyperactivity Disorder”, Poster Presentation, Annual Meeting of the U.S. Psychiatric and Mental Health Congress, Washington D.C., May 2008

Course Director & Presenter, ADHD, 40<sup>th</sup> Review Course for the Family Physician and the First Joint Family Medicine/Psychiatry CME Conference, University of Tennessee, Office of Continuing Medical Education, Memphis, TN, June 2008

Course Director & Presenter, ADHD, 40<sup>th</sup> Review Course for the Family Physician and the First Joint Family Medicine/Psychiatry CME Conference, University of Tennessee, Office of Continuing Medical Education, Memphis, TN, June 2008

“Pediatric Research Day”, Pediatric Research Highlights at Le Bonheur Children’s, Poster Presentation, Memphis, TN, October 2008

Adult ADHD, 41<sup>st</sup> Review Course for the Family Physician and the First Joint Family Medicine/Psychiatry CME Conference, Memphis, TN June 2009

Version Date

June 17, 2009